

AUGUST 2008 volume 3 | issue 8

Brookside

monthly

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address P.O. Box 690397 Stockton, CA 95269-0397
phone 1.888.289.0521 toll-free fax 866.298.0408
www.BrooksideMonthly.com

PUBLISHER

SHAWN CRARY

publisher@bigmonkeygroup.com
1.888.289.0521 ext.701

MANAGING EDITOR

MITZI STITES

mitzi@bigmonkeygroup.com
1.888.289.0521 ext. 702

CONTRIBUTING WRITER

ALAN NADITZ

alan@bigmonkeygroup.com
916.681.2057

OFFICE MANAGER

ERNIE GALLARDO

billing@bigmonkeygroup.com
209.478.0145

ADVERTISING

MICHELE OLIVARES

michele@bigmonkeygroup.com
1.888.289.0521 ext. 704

ADVERTISING

RACHEL CASTILLO

rachel@bigmonkeygroup.com
1.888.289.0521 ext. 703

WEB MASTER

BIG MONKEY GROUP

design@bigmonkeygroup.com
1.888.289.0521

TO SUBMIT ADS & ARTWORK

artwork@bigmonkeygroup.com

PRESS RELEASES

editor@bigmonkeygroup.com

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speakup a note from the editor

As a mom, when someone mentions August to me, I think of several things. First of all, after a great summer with the children, we are all ready for the first day of school, which is Aug. 21 for my children. Or at least, I'm ready. My children might want a few more weeks of summer vacation.

Another favorite for my friends and family is football. We are huge football fans and we have been ready for months to get a glimpse of our favorite teams. Fans from everywhere are pulling their favorite teams' jerseys out of the closet, having them dry cleaned and getting ready to go for the upcoming season. The preseason begins with the NFL Hall of Fame Game on Aug. 3, with the Washington Redskins taking on the Indianapolis Colts. Go 'Skins!

Football on TV marks the start of seasons changing. But although the calendar still points to summer and it may be 100 degrees outside, we know that fall is around the corner. It may take another two months to actually feel it, but we really are closing in on the next season. The end-of-year festivities aren't that far away, either: As of Aug. 3, there are only 89 days to Halloween, 116 days until Thanksgiving and – are you all ready? – 144 days until Christmas. Get ready to stock up on the egnog...

And speaking of August, here's what is in this issue of our magazine:

All of Stockton is focusing on how to be more environmentally friendly. The cover story this month is Ideas on How Everyone Can Go Green. You will be amazed on how little it takes for a family to help save our planet. How to Go Green starts on page 17. All of us at the Brookside Monthly magazine are doing our part in protecting Mother Earth. We print on 20% recycled paper, soy based inks are used producing brighter colors and are earth friendly without the use of dangerous toxic chemicals. Our printing uses a process of direct to plate, which means no toxic chemicals are used to reproduce our pages. In our office we use eFax which reduces the amount of paper used, and we recycle office paper which is used in the publisher's composting bin.

Our Around sections have your community news and help you find out what's happening right in your own backyard. There is school information, local business information and this year's National Night Out. All the news begins on page 5.

Sneak peek for next month:

Grab your partner and get ready for the Stockton Rodeo! This September, The Stockton Rodeo Association (SRA) will host the city's very first rodeo. SRA formed the Stockton Rodeo with the mission to bring one of the nation's largest rodeo events to the city of Stockton, once known as one of the largest stock towns in the United States. The board of directors of the SRA has a combined 22 years of professional rodeo experience, including former professional rodeo cowboy Bryan Bjork; stock contractor Cotton Rosser of Flying U Rodeo; Bob Talman, the "voice of rodeo" for Citadel Broadcasting and many country music artists that started their careers on the rodeo circuit. There will even be a Rodeo Queen crowned for this event. Be sure to read the story to find out exactly what to expect at the rodeo and how to watch one, too. Then, in late September, take your family and mosey down to the Stockton Arena and get ready for some down-home fun.

Mitzi Stites | Managing Editor | mitzi@bigmonkeygroup.com

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8929 Robin Lane \$599,500

Fabulous Morada property located on secluded, one-acre lot! Very private and quiet, 4 bed 3 bath. Remodeled master suite and kitchen. Zoned HVAC. New, 50-year Presidential composition roof. Inground pool + poolhouse w/ sauna. 5-car garage w/ openers, attic storage and workshop. Laundry room with sink. Stamped concrete patio, storage sheds, & much more!



4149 Pebble Beach \$749,5000

MUST SEE! Expanded and upgraded, (over \$100,000 in upgrades!) Exceptionally light and bright. Crown molding, wood floors, granite counters, 3 bedrooms plus office/study with built-ins. Lovely master suite with nicely landscaped with planters and stamped concrete, plus 3 patio areas. 3-car garage with cabinets and finished floor treatment.



4550 Pebble Beach \$899,950

Solid Carey Built custom home, sweeping golf view down 16th fairway, great room sizes, ensuite bath besides master, priced to sell now! Two bedrooms + master have private balconies to enjoy the panoramic views. Yard is ideally suited for pool + has outside stairway to master.



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Claudia Landeen School

Claudia Landeen school hours are: Grades 1-8 - 8:30 a.m. to 2:45 p.m., Tuesday to Friday, and 8:30 a.m. to 1:55 p.m. on Mondays. AM Kindergarten hours - 8:15 a.m. to 11:35 a.m. PM Kindergarten hours - 11:40 a.m. to 3 p.m.

On Aug. 18 at 5 p.m., the class list will be posted. The first day of school is Aug. 20 and Back to School Night is Aug. 21 at 6:30 p.m. There is a PTA meeting at 7 p.m. on Aug. 26. Back to School Barbecue is Aug. 28 at 5:30 p.m. September 1 the school will be closed to observe Labor Day.

Merryhill School

The year starts off with a Meet the Teacher Night on Aug. 15 at 6 p.m. and the first day of school is Aug. 18. Back to School Night is Aug. 21. First assembly is on Aug. 22 at 8:45

a.m. Student council campaign begins on Aug. 25 with free dress on Aug. 28. Rounding out the month on Aug. 29 is picture day and middle school dance.

Margaret Troke Library

Even though the library is at its temporary location at 4950 Pacific Ave., Suite 445, they continue their programs. Every Thursday throughout August the Preschool/Toddler Story time will be held at 10:15 a.m. On Aug. 9 at noon, the Adult Book Club will be held. For more information, log onto www.stockton.lib.ca.us.

Brookside Real Estate Market

For the month of June, 48 homes were for sale, 30 were pending, 24 sold, 6 expired and 4 withdrew or canceled. For properties sold, the average days on the market were 66,

median square footage price was \$184.25, median sold price was \$303,000 and the median size was 2,270 square feet. Properties currently available are priced from \$199,000 to \$2,995,000. *Current market data was taken from the Metrolist courtesy of Sheree Cox, Coldwell Banker Grupe, (209) 955-5522.*

Dinner My Way

Last month *Brookside Monthly* magazine informed that this business re-opened their doors. For those who don't know about this business, here is some information. Dinner My Way is a new concept in family style food service. If you enjoy home-cooked meals with your family but are short on the time or desire to prepare these meals on a daily basis, Dinner My Way is for you. At the Dinner My Way kitchen you can prepare

family style meals that serve six in a short amount of time. Dinner My Way employees do all the prep work. All you do is assemble the meals the way your family would like them best. Plus, we are there if you have any questions and we even clean up the mess. When you're finished, you have entrees to take home that are perfect for your busy lifestyle. It couldn't be easier. We offer convenient Self Serve and Pick-Up sessions. For pricing, see the menu page of the location nearest you.

Dinner My Way is located in the Palms Shopping Center at 2819 West March Lane, B7. For more information or to book a date, call (209) 951-5301 or log onto www.dinnermyway.com.

New Dog Park in Brookside

Barkleyville, Stockton's first
Continued on page 6

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Care Credit Available

aroundbrookside

Continued from page 5

off-leash dog park, is open! Barkleyville consists of four acres at 5505 Feather River Drive (just south of Fourteen Mile Slough). It is a public park designated and built specifically for your dog to socialize and exercise safely and off-leash. Barkleyville features three areas: one for big dogs (over 20 pounds), one for small dogs (20 pounds and under), and a separate play/agility course. Park amenities include benches, doggie water fountains and waste bags.

Now's the Time to Get Fit

On Wednesdays from 6 p.m. to 8 p.m. you can go to the Seifert Center and join a pickup game of basketball or just shoot some hoops. The cost is \$1 per person, per hour. Basketball not your game? Then shoot on over to the fitness room, where you can work out on treadmills, recumbent bikes and elliptical machines. This is also only \$1 per person per hour. For more information, call the Seifert Center at (209) 937-7350.

Moonlight Sip and Stroll

The seventh annual Moonlight Sip & Stroll is set for Aug. 16 from 6 p.m. to 9 p.m. on Heron Lakes Drive in the Brookside Classics. Hospice of San Joaquin Butterfly Auxiliary is proud to present this wonderful event to benefit Hospice of San Joaquin's Hospice House. On this evening you will enjoy a wonderful evening of fine foods from over 50 restaurants, wine and beer from over 30 wineries and breweries, live entertainment, home tours, silent auction and art exhibition. Back by popular demand will be "Sinful Pleasures" a decadent venue of fine cigars, fancy ports and scrumptious chocolates situated at the gazebo area on the lake. a residential treatment facility

servicing terminally ill patients and their families. Tickets are \$50 in advance and a limited number of tickets may be available the evening of the event for \$60. Tickets may also be purchased at Hospice of San Joaquin, 3888 Pacific Ave. or by mail, check payable to HSJBA, 4719 Quail Lakes Dr., Suite G168, Stockton, CA 95207. For additional information please contact the Hospice Butterfly Hotline at (209) 922-0380.

It's America's Night Out Against Crime!

The "25th Annual National Night Out" is set for Tuesday, Aug. 5. The night is designed to heighten crime and drug prevention awareness; generate support for, and participation in, local anticrime programs; strengthen neighborhood spirit and police-community partnerships; and send a message to criminals letting them know that neighborhoods are organized and fighting back. Last year's National Night Out campaign involved citizens, law enforcement agencies, civic groups, businesses, neighborhood organizations and local officials from more than 10,000 communities from all 50 states, U.S. territories, Canadian cities and military bases worldwide. In all, more than 34 million people participated in National Night Out 2008. If your neighborhood isn't celebrating, you should go to the Seifert Center at 128 West Benjamin Holt Drive. The Seifert Center's National Night Out event will be from 4 p.m. to 7 p.m. For more information, contact Nicole Ehler, recreation coordinator, City of Stockton Department of Parks and Recreation at (209) 937-7350.

Teen Nights

Thursday nights at the Seifert Center is the place for teens to be. On the first Thursday of the

Continued on page 8

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Japanese Brush Artist Featured at Tidewater Gallery

Noted Japanese brush artist Margaret Kono will be bringing her works from Japan to display at the Tidewater Gallery in downtown Stockton in August. The exhibit will feature scenes from nature, including native mountainsides, water and cherry blossoms, as well as other subjects.

The exhibit will open Tuesday, Aug. 5, and continue through Saturday, Aug. 30. A "Meet-the-Artist" wine and hors d'oeuvres reception will be hosted Friday, Aug. 8, from 5 p.m. to 8 p.m., in conjunction with the monthly downtown Art Walk.

A graduate of San Jose State, Kono has roots in Lodi where she attended grade school, junior high and high school. Following college, she became an airline flight attendant. She studied the art of Japanese brush painting under the master Chiro Shibata in Berkeley, then moved to Japan to study Zen. She taught English and has lived there ever since and continues to do her paintings. She had a showing of her work just last year at the Lodi Library where she was invited to exhibit at the Tidewater.

The Tidewater Art Center & Gallery is an artists' collaborative located directly across the street from the county Courthouse at 223 E. Weber Ave., is open Monday to Friday from 10 a.m. to 5 p.m. and Saturdays from 11 a.m. to 3 p.m. For further information about the Gallery, artists, exhibits, upcoming art classes or special events, please visit the website at www.tidewaterartgallery.com.



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Watercolors, Animals and Symphony Preview at The Haggin Museum

Two special exhibitions are on display at The Haggin Museum through Aug. 24:

“Spectacular Achievements: Audubon’s Animals of North America” features 70 original hand-colored lithographs by adventurer/artist John James Audubon. This temporary exhibition includes many glamorous and popular animals and is a unique opportunity to view Audubon’s lithographic works and to appreciate his skills as an artist, observer and interpreter of nature.

“Carl V. Miller: A Retrospective” features 50 watercolor paintings and 19 woodblock prints by one of Stockton’s most beloved and respected artists. It is the first public exhibition of his wife’s generous gift to the museum. There will also be binders available to peruse that give insight into the collection of 53 sketchbooks that Miller created.

During the museum’s Free Admission Saturday, Aug. 2, Docent Carol Barker will give a 15-minute spotlight tour at 3 p.m. focusing on Mission San Jose & Stockton. This exclusive, free tour requires no reservation.

Dr. Greg Anderson of the University of the Pacific will give a gallery lecture about John James Audubon’s animals and their legacy in natural history on Thursday, Aug. 7, 7:30 p.m. to 8 p.m. during the museum’s extended evening hours. Light refreshments will be served at 7 p.m. This special event is included with regular admission. For more information, call (209) 940-6315.

The Art Adventures workshop on Saturday, Aug. 9, 1:30 p.m. to 3 p.m., for children ages 5-12 will be inspired by the watercolors of the Carl V. Miller exhibition. Artist Judy Bird will demonstrate the technique of painting with watercolors and participants will use watercolors to make postcards about The Haggin Museum. Reservations are required. Call (209) 940-6315.

Music Director and Conductor Peter Jaffe will present a preview of the Stockton Symphony’s “Live & Lively” 2008-09 Season on Sunday, Aug. 24, from 3 p.m. to 4 p.m. Seasoned concert-goers and newcomers alike will be entertained by a taste of offerings from the classics to some rarely heard symphonic jewels. This annual event is included with regular museum admission and seating will be available at 2 p.m. For more information, call (209) 940-6315.

Continued from page 6

month, from 6:30 p.m. to 7:30 p.m., teens can take an active role on the Teen Advisory Committee. The second Thursday of the month, teens can get together from 6 p.m. to 8 p.m., to play ping pong, X-Box and other cool events. These can change, so it is best to call the center to get the updates. The third Thursday of the month, from 6 p.m. to 8 p.m., is Teen Movie Night. Join in on the fun to watch the latest movies and hang out in the teen section. Snacks are provided. The fourth Thursday of the month is Mystery Night. You could be doing Karaoke, Dance Dance Revolution, Dominos or something else. Half the fun is waiting to see what there is to do. The fun runs from 6 p.m. to 8 p.m. on this night as well.

Volunteers Respond to Recent Record-Breaking Local Fires

Disaster volunteers from the San Joaquin County Chapter of the American Red Cross have responded to a record-breaking number of fires in June. Volunteers opened 41 cases to provide immediate assistance to 132 individuals and families who have been affected by house fires, which made June the largest response month in recent chapter history. Typically the chapter responds to 41 cases within a six-month period.

Anyone in the Quail Lakes area affected by the fires who has not received any assistance should call the American Red Cross at (209) 466-6971 and make an appointment. Thus far, the community has raised more than \$50,000 to support local fire relief and the San Joaquin Chapter wants to make sure that those who were affected receive Red Cross services. Monies raised help provide necessary items such as food, clothing, short and long term shelter, med-

ications and counseling. Those wishing to assist the San Joaquin County Chapter of the American Red Cross to continue providing vital services in our county can make a donation via mail to 747 N. Pershing Ave., Stockton, CA 95203, or via the Web at www.sanjoaquincounty.redcross.org. Please designate in the memo line “local chapter operations” to ensure your donation stays in San Joaquin County.

Pixie Woods is Magical in August

Bring a friend for Friendship Day on Aug. 3 from 11 a.m. to 6 p.m. Pay for one admission ticket and get one for free. Aug. 21 at 3 p.m. is storytelling. Representatives from the Stockton-San Joaquin County Library will entertain guest with stories at the Toadstool Theatre.

Downtown Stockton Certified Farmers Market

Held every Friday from 9 a.m. to 2 p.m., this event features certified organic farm fresh produce, local arts and crafts, fresh flowers, and live music. The Downtown Stockton Certified Farmers Market is located on Main Street (in front of the Bob Hope Theatre) and Hunter Square. The market has a Frequent Shopper Program and a raffle. For more information, call (209) 464-5246 or log onto www.downtownstockton.org.

Gospel on the Waterfront

On Aug. 2 the PISCA presents the Gospel on the Waterfront Health and Wellness Expo and Gospel Concert at the Weber Point Event Center, located at 221 N. Center St. This event goes from 11 a.m. to 8 p.m. and the cost is \$10 per person. For more information, call (209) 474-9224.

Family Movie Saturday at the Cesar Chavez Central Library

August’s Family Movie

LIVE! at Lincoln Center Returns with the Cruisin' Classic Car Show

This FREE event takes place Aug. 22 from 6 p.m. to 9 p.m. and promises to deliver top notch musical performances, free shuttle service, a huge display of classic cars, brand new vehicles (and a way to win your very own for 1 year) and fun for everyone! This huge event not only provides entertainment and a great time, but also helps support valuable non-profit organizations in our community. Come out to enjoy and Cruise Lincoln Center on Friday, Aug. 22 from 6 p.m. to 9 p.m. at Pacific Avenue and Benjamin Holt in Stockton, California for the LIVE! At Lincoln Center's "Cruisin' Classic Car Show!" For more information call (209) 477-4868 or visit: www.LincolnCenterShops.com.



Local favorite Joni Morrise will perform on the main stage.

Saturday is Aug. 2. Movies will be appropriate for audiences of all ages and will be shown in the Stewart-Hazelton Room of the Library. Refreshments will be served. This free program starts at 2 p.m. and is provided through the generosity of the Friends of the Stockton Public Library. The Cesar Chavez Central Library is a branch of the Stockton-San Joaquin County Public Library and is located at 605 N. El Dorado St. For more information, call (209) 937-7778 or visit www.stockton.lib.ca.us.

Know Your Mind, Body and Spirit

The public is invited to attend a four-week "Know Your Mind, Body and Spirit" wellness series sponsored by St. Joseph's Regional Cancer Center. This popular series highlights complementary medicine and alternative pathways to healing. The series dates are Tuesdays, Aug. 5, 12, 19 and 26, from 6:30 p.m. to 8:30 p.m., at St. Joseph's Medical Center, 1800 N. California St.,

Stockton. The cost for the entire series is \$20 per person. Pre-registration is required by calling (209) 461-6889.

Concert in the Park Continues

Visit with friends at Victory Park on Wednesday nights this summer during the 56th year of Concerts in the Park. The free Concerts in the Park are performed every Wednesday from 6 p.m. to 8 p.m. at the northwest corner of Victory Park. August's concert schedule includes the Stardusters Aug. 6; Valley Concert Band Aug. 13; and Waterloo Aug. 20. Concert-goers are encouraged to bring picnics, blankets, lawn chairs and other amenities for an enjoyable evening under Victory Park's towering oaks. The popular Concert in the Park series is organized by the Stockton Parks and Recreation Department and the Stockton Musician's Association. For more information, call Stockton Parks and Recreation at (209) 937-8099.

Continued on page 10



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Continued from page 9

Downtown Art Walk

This free community art festival is a self-guided tour of local and regional art showcased in commercial and “phantom” galleries, local business and historic buildings near the cinemas, the Bob Hope Theatre and the Tidewater Art Gallery. Student art, photography, sculptures, fine art, live music, spoken word and street performances will bring the heart of our city to life on Aug. 8 at 5 p.m. Galleries and art studios, shops and restaurants, have all joined forces to create a festive time for visitors to go from place to place feasting both their eyes and their taste buds as they stroll through town enjoying the best of what is offered by its artists. For more information, call (209) 464-5246 or visit www.downtownstockton.org.

Kaiser Permanente Central Valley Neighbors in Health Fair 2008

This free community health fair for the medically uninsured and underinsured will be held on Sunday, Aug. 17 from 8 a.m. to 3 p.m. at Kaiser Permanente Central Valley facilities in Stockton, located at 7373 West Lane. Medical professionals will provide free services including a dental exam clinic, children’s clinic (free immunizations and medical, dental, hearing, vision, school entry, and sports exams), women’s exams (pap smears, mammograms, etc.), men’s physicals, STD screenings, HIV counseling, and adult chronic conditions diagnosis (blood pressure, cholesterol, diabetes, and body mass index screenings). No charge laboratory and pharmacy services for day of fair only, plus referrals to no-cost or low-cost services and follow up exams.

Port City Roller Girls-Roller Derby!

Live Roller Derby Action in

Stockton! The Port City Roller Girls, Stockton’s original Roller Derby team, battle the Angel City Derby Dolls. Join the excitement on Aug. 16 at 7 p.m. at the San Joaquin Fairgrounds at Airport and Charter Way. For more information, call (888) 993-3729 or visit www.theportcityrollergirls.com.

Noted Ragtimer Concludes Series at the Chavez Central Library

On Aug. 16 at 2 p.m., you can listen to Frederick Hodges, who specializes in the piano music and popular songs of the ragtime era and will be the culminating performer for the free series of summer concerts on the porch at Ola’s Exotic Coffee located at Cesar Chavez Library, 605 N. El Dorado St. Classically trained and groomed for a career as a concert pianist, Hodges was lured away from this path after he discovered a stack of 1920s sheet music in his grandmother’s piano bench. Exposure to the rollicking rhythms of player pianos and 78-rpm phonograph records sealed his fate, and he set out to master the ragtime and novelty piano playing styles that had captivated him. He has played at such San Francisco establishments as L’Etoile in the Huntington Hotel, Masons in the Fairmont Hotel, and the Ritz Carlton Hotel. This free program is provided through the generosity of the Friends of the Stockton Public Library and Ola’s Exotic Coffee. The Cesar Chavez Central Library is a branch of the Stockton-San Joaquin County Public Library. For more information, call (209) 937-7778 or visit www.stockton.lib.ca.

Family Day at Calaveras Big Trees State Park

Mark your calendar for Aug. 16, 10 a.m. to 4 p.m., the annual day the Park gives back to the community. Kids of all ages are welcome for a day of fun nature programs

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Museum Director to Speak

Tod Ruhstaller of the Haggin Museum will discuss the Stockton-related inventions that have enriched the world on Saturday, Aug. 9, at 2 p.m. at the Cesar Chavez Central Library.

"Amazing Inventions from Stockton to the World" will reveal such local wonders as the Sidehill harvester, the Stockton Clam Shell Bucket Dredge, the ever-famous Caterpillar tractor, and the Duraflame log.

Ruhstaller is the Museum's director and curator of history. His talk highlights National Inventors Month at the Library.

Chavez Central Library is a branch of the Stockton-San Joaquin County Public Library and is located at 605 N. El Dorado St., Stockton. For more information, call (209) 937-8221 (Stockton) or (866) 805-7323 (READ), or visit www.stockton.lib.ca.us.

St. Joseph's Welcomes New Physicians

Two new Family Practice doctors join St. Joseph's Medical Group of Stockton to meet primary care needs in the Central Valley.

Dang Nguyen, DO is Board Eligible in Family Practice and has completed his residency with the UC Davis Family Medicine Network in Stanislaus County. Dr. Nguyen received his doctorate in osteopathic medicine from Western University of

Health Sciences in Pomona, Calif. He is a member of the American Academy of Family Physicians, American of Osteopathic Association, California Medical Association - Resident Physician Society and Stanislaus Medical Society. Dr. Nguyen is fluent in Vietnamese.

Stephen Tinio, MD is Board Eligible in Family Practice, and completed his residency training at Wilson Family Medicine Residency in Johnson City, N.Y. Dr. Tinio received his medical degree from the Far Eastern University - Dr. Nicanor Reyes Medical Foundation in Manila, Philippines. He is a member of the American Academy of Family Physicians and the American Medical Association.

Take Me Out to the Ball Game....

Come out and support your Stockton Ports for their last month of the season. The month of August promises to be one of excitement! Not only will you have the thrill of watching baseball, but the month is filled with unique giveaways and special tributes. The first team that will face the Ports will be the Modesto Nuts on Aug. 5-7 with all the games starting at 7:05 p.m. Next will be the Visalia Oaks on Aug. 8-10, with each night having their own promotion. Aug. 8 will be post-game fireworks; Aug. 9 is Faith night; Aug. 10 is Hero Night, as well as an all-you-can-eat promotion. The games on Aug. 8 and 9 will start at 7:05 p.m.; Aug. 10 will be a 6:05 p.m. start. Aug. 17-19 the Bakersfield Blaze will have their turn. Aug. 17 the Ports will be celebrating Splash's birthday with a start time of 6:05 p.m.; 7:05pm will be game time for the Aug. 18-19 games. The Lancaster Jet Hawks will fly in on Aug. 26-29, with all games starting at 7:05 p.m. There will

Continued on page 12



Classic Film Series at the Bob Hope Theatre

It's true! "There's No Business Like Show Business" in the rip-roaring musical "Annie Get Your Gun" screening Aug. 8 on the Classic Cinema Series at the Bob Hope Theatre in downtown Stockton.

That official show biz anthem is one of a hit parade of songs that Irving Berlin composed for this tale of backwoods sharpshooter Annie Oakley who joins Buffalo Bill's Wild West Show only to find "You Can't Get a Man With a Gun."

MGM pulled out all the stops for this Technicolor extravaganza, which after a rocky start (the troubled Judy Garland was fired from the cast) rose to become one of 1950's biggest hits and win the Academy Award for Best Musical.

The irrepressible Betty Hutton replaced Garland and became as glittering a star, singing such standards as "They Say That Falling in Love is Wonderful" and "Doin' What Comes Naturally."

Howard Keel co-stars as the target of her affections, and the supporting cast is a Who's Who of popular character actors: Louis Calhern, J. Carrol Naish, Edward Arnold and Keenan Wynn.

"Annie Get Your Gun" will screen at 7 p.m. during the monthly Art Walk through downtown, an activity that includes art displayed in the lobby of the restored theatre. Art Walkers must have tickets to see the film.

Door prizes will be awarded and a vintage cartoon and newsreel will be shown. A pre-show live organ concert starts at 6:30 p.m. and complimentary wine, snacks and soft drinks are served in the lobby (donations are accepted).

Friends of the Fox Theatre sponsor this monthly series. All tickets are \$8 at the box office, which opens at 6 p.m. For more information or to be added to the mail or e-mailing list, call (209) 952-2750 or (209) 369-6850.

"Annie Get Your Gun" will be followed by the election year comedy "Born Yesterday" on Sept. 12 and "Abbott and Costello Meet Frankenstein" on Nov. 24. "The Black Stallion" ends the series on Nov. 14.



Curtis Brown brings his 15 years of experience of working in finer salons from San Francisco to Sacramento and now to Stockton. He specializes in most aspects of current and traditional hair cutting and styling for men and women and uses the Schwarzkopf color line. *"When you want the best, you know where to find me"*

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For information on leasing opportunities call 474.3907

Continued from page 11

be a Jimmy Buffet tribute on Aug. 29. The very last homestand will be against the Visalia Oaks starting at 7:05 p.m. on Aug. 30, with post-game fireworks for all. The games on Aug. 31 and Sept. 1 will start at 6:05 p.m. The last game is Fan Appreciation Day. For more information, please visit www.stocktonports.com.

Cruise with Elvis

On Aug. 16 from 6p.m. to 8p.m., you will be able to enjoy a cruise from Stockton's Waterfront through the San Joaquin Delta while enjoying your favorite Elvis songs with Kenny Reeves. Kenny Reeves was chosen by KOOL 101.9FM as No. 1 Elvis in California. Appetizers will be served and full-service bar is on board. Tickets are \$45 per person. For more information, visit www.deltarivercruises.com.

Stockton Art League Artist of the Month... Noel Rasmusson

The reception will be held Aug. 9 from 4 p.m. to 7p.m. at the Stockton Art League, 1902 Pacific Ave.

Noel Rasmusson was born and raised in Colorado, and moved to California 21 years ago. He and his wife are raising their family here. Noel has been interested in photography most of his life, but didn't pursue it until about seven years ago. His inspiration was "a tree in the delta that had great blue herons flying in and out of it like it was grand central station. They were building nests - 14 in all." Noel began photographing the herons, and visited every weekend to watch them hatch and raise their young. From that point on, he was hooked and Noel's camera went with him everywhere.

He learned to develop film while in high school, and took photography classes at Delta College, where he gained an appreciation for black and white

photography. Most of his photographs are landscape and nature, with some old buildings and an occasional car thrown in.

In 2006, Noel attended a photography workshop in Spitsbergen, Greenland, and Iceland, where he was fortunate enough to experience photographing polar bears. Noel remembers being in an inflatable raft, in about 18 inches of water, about 10 yards from a polar bear. The raft became stuck on a rock and wouldn't move. Their group had to wait for another raft to push them off. It probably only took a minute or two, but that was the longest minute or two he had ever experienced.

In the past year, Noel started doing some black and white infrared photography, which has been really rewarding, and is sure to produce a lot of new black and whites over the next few years. Photography has been a great hobby for him.

For more information, call (209) 466-6604.

Haggin Happenings

Catch Audubon at the Haggin

The Audubon's Animals of North America exhibit in the Upper West Gallery continues through Aug. 24.

Stockton Symphony "Live & Lively"

Enjoy the afternoon as Music Director and Conductor Peter Jaffe introduces the "elegant variety" of the Stockton Symphony's upcoming season on Sunday, Aug. 24, 3 p.m. to 4 p.m.

Art Adventure Workshops for Families

Saturday, Aug. 9 from 1:30 p.m. to 3 p.m. the Haggin will join forces with artist Judy Bird, who will demonstrate the technique of painting with watercolors. Then the students will have the opportunity to create their very own watercolor postcards.

The Haggin Museum is located in Stockton's Victory Park, 1201 N. Pershing Ave.

Brookside Schools and Library

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Lincoln High School953-8642
Merryhill Elementary School477-9005
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General Interest

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Animal Control937-8274
Councilmember Clem Lee937-8244
City Mayor937-8499
Crime Stoppers946-0600
Graffiti Hotline937-8040
Inadequate Property Maintenance937-8815

City of Stockton (continued)

Neighborhood Watch Program937-8208
Non- Emergency Police937-8377
Non-Emergency Fire Department937-8801
Park and Recreation937-8801
Personal Complaints937-8480
Public Works937-8341
Road Maintenance937-8411
Street Light Maintenance937-7411
Unsafe Conditions on Private Property937-8815
V.O.I.C.E. Program937-8152

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Brookside Country Club	www.brooksidegolf.net
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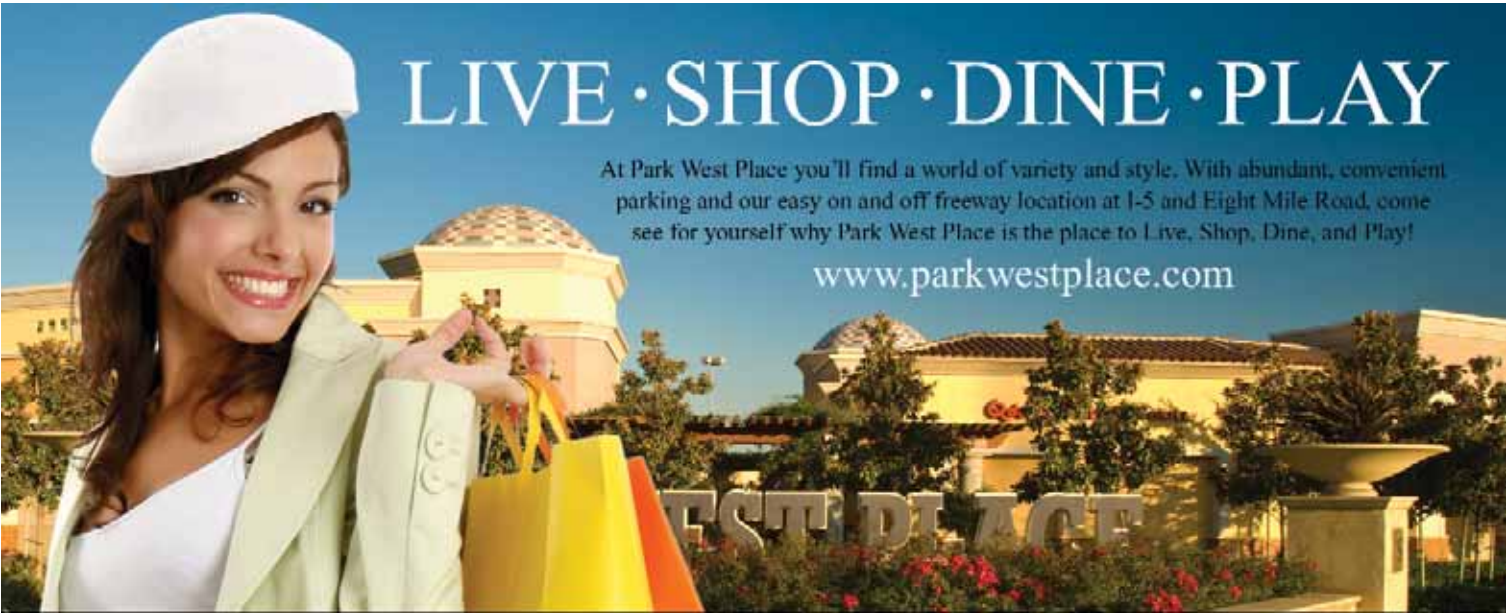
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The Eco-Fab



Forty-three ways to take an environmentally friendly approach to living in Stockton

by Alan Naditz | Contributing Writer

It's the phrase you hear everywhere these days: "It's time to 'Go Green.'" Unless you've been on a desert island for the last five years (a place that was probably far from green by any definition), you're probably aware of the meaning — thinking in an environmentally friendly (a.k.a. "sustainable") manner in whatever you do, trying to conserve the planet's resources for future generations.

Some people complain about the expense or difficulty of switching over to green practices (how many times have you heard or seen the phrase "It's not easy being green" outside of The Muppet Show?), but there are lots of little ways to do it without severely impacting your lifestyle. It's already happening in somewhat invisible ways: The issue of *Brookside Monthly* that you're holding in your hands is printed on 20 percent recycled paper; the company's pre-press uses a chemical-free process to create the printing plates; the ink used is soy-based, making it brighter in color and non-toxic; and all paper trimmed from the magazine is recycled (but you never would have known that if we hadn't mentioned it). If you read primarily the online edition, you're not using any paper at all, which is an even more eco-friendly option.

The key, experts note, is to start slowly and get in the habit of doing a few things. Eventually it all becomes routine.

With that in mind, here are 43 easy (and relatively inexpensive) ways to gradually get on the Going Green bandwagon:

Shop locally. The less traveling done to provide you goods, the fewer emissions produced. And you'll help support the local economy.

Keep your thermostat at 78 degrees during the day. You could

save 20 percent off your cooling costs. And let's face it: when it's 100 outside, 78 feels just as good as 72.

If possible, cut the junk mail. Junk mail in the U.S. consumes as much energy as 2.8 million cars.

On that note, opt for electronic versions of statements instead of paper ones. You'll also help everyone save on postage.

Invest in reusable shopping bags, water bottles and coffee containers. And remember to take them with you when you go out.

If you use a water bottle for travel to work or at the gym, opt for the aluminum variety instead of plastic, as it's environmentally friendlier (see "Bet you didn't know," page 18).

Bring your paper shopping bags back for a second (or third) go-around at the supermarket. In addition to reducing paper waste, you'll save money, as stores such as Raleys, Safeway and Save-Mart offer a several cents-per-bag discount on your grocery bill.

If possible, change your commute or carpool. One-third of all CO₂ produced in the U.S. is due to transportation. You'll also save gas — and in this age of nearly \$5-per-gallon gasoline, who wouldn't agree with that?

Better yet, walk or bike to work, or see if your boss will allow telecommuting even one or two days per week.

Start a recycling program for your school, work, or office.

Set your computer to sleep mode instead of screensaver mode.

Reduce the number of remote controls and handset phones you have around the house. Do you really need one in every room?

Use micro-fiber towels instead of paper towels around the house and reduce your waste. It's a stretch, but you might even cut your garbage output enough to reduce the number of cans you roll to the



Continued on page 18

Continued from page 17

curb – and save money off your bill.

Throw used coffee grounds on your evergreen plants as a natural fertilizer.

Donate unused furniture and clothes instead of throwing them in the trash.

Recycle your kids' useable clothing by playing the hand-me-down game from oldest to



wise used during machine drying. If you must use a dryer, consider adding dryer balls to cut drying time.

Plant drought-resistant plants in your yard to cut down on watering needs.

Use a water purifier with tap water instead of buying bottled water. You'll help the environment and reduce your drinking water-related expenses.

Choose clothes that don't need to be dry cleaned. This

higher price in the long run, and you'll keep reduce waste in the landfill.

Replace old light bulbs with compact fluorescent bulbs and save 5 percent on your energy bill. You'll spend more money up front as fluorescents are more expensive, but they also last five to 10 times longer. Also remember to properly dispose of the bulbs, as these should not be thrown in the house-



hold trash unless no other options exist. For more information, visit www.earth911.org, www.gelighting.com, www.lamprecycle.org, or www.epa.gov/bulbrecycling.

Use cell phones, computers and other electronics as long as possible, choosing to upgrade or ignore the “buy the latest and greatest” pleas until absolutely necessary.

Recycle cell phones and ink cartridges. Various electronics and office supply retailers keep appropriate bins on hand for such purposes, and local schools and public service shelters also rely on these donations.

Make your own cleaning supplies for household tasks such as cleaning sinks, toilets and kitchen floors. The basics tend to be baking soda, vinegar, lemon and soap. You'll save money, time, packaging and even indoor air quality. For ideas here, visit <http://www.care2.com/greenliving/make-your-own-non-toxic-clean-ing-kit.html> and http://www.eartheasy.com/live_nontoxic_solutions.htm.

Fix leaky faucets in your home and replace your showerheads with low-pressure models. You'll cut water use and reduce your monthly bill.

Go for soy-based candles instead of the traditional paraffin-based ones, which are made

from non-renewable petroleum. Petroleum candles also emit soot and smoke into the air when burned.

Need to paint your house? Make sure you buy the right amount of paint for the job to cut down on environmentally toxic waste. HGTV.com offers an online paint calculator to help you determine to proper portion.

Use a small amount of warm coffee grounds with your favorite hand soap and scrub away. The grinds will exfoliate dead skin off your hands and the soap will keep everything squeaky clean.

Don't toss trash into an overflowing public trash can.

Wind blows trash away or a wild animal rips open a plastic trash bag, causing trash to stray all over the place. Find one that's not as full.



Buy “certified organic” products or grow your own to ensure there were no dangerous pesticides used on them.

Use a cleaner-burning, “green” charcoal, one made from untreated factory wood remnants, instead of traditional black coal filled with toxic polycyclic aromatic hydrocarbons.

Try a hybrid grill – one that combines gas and wood or charcoal – so you can have char-grilled taste and a cleaner air.

Go with organic cotton towels in your bathroom. Manufacturers that use the slightly more expensive organic cotton also tend to use natural dyes and softeners that are less toxic to the environment than man-made chemicals and are gentler on sensitive skin.

Think twice before printing e-mails and documents. Which ones do you really need in hard copy? If possible, opt for the electronic version or PDF over the hard copy.

If remodeling your bath-

Bet you didn't (or maybe you do) know that:

The amount of crude oil used for plastic bottles in the U.S. each year exceeds 10 million barrels.

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Older model toilets can use up to 7 gallons per flush. Modern low-flush toilets use 1.6 gallons.

Americans throw away enough office paper each year to build a 12-foot wall from New York to Seattle.

Each minute, Americans recycle more than 13 million aluminum cans.

Toss a plastic bottle in the trash and it will sit in a landfill for 700 years.

It takes about 90 days for a recycled aluminum can to make it back on the shelf as something useful.

Styrofoam is made from petroleum, is difficult to recycle and last forever in a landfill

Recycling a stack of newspapers just three feet high saves one tree.

Making paper from recycled paper reduces contributions to air pollution by 95 percent.

It takes 12 million barrels of oil to produce the plastic shopping bags that Americans use in one year.

Making glass from recycled materials cuts related water pollution by 50 percent

A slow drip can leak 15 to 20 gallons of water per day.

Recycling a single aluminum can conserves enough energy to run a TV for three hours.

Source: www.stocktongov.com/gogreen

youngest (but PLEASE only do it if your children can remain in style!).

Wash clothes in cold water whenever possible. As much as 85 percent of the energy used to machine-wash clothes goes to heating the water.

Use a drying rack or clothesline to save the energy other-

cuts down on toxic chemical use. If necessary, use the at-home dry cleaning products that go in your dryer. They're faster and cheaper than hauling suits or dresses off to the cleaner every week.

Buy higher-quality products. Yes, you'll pay more upfront. But they'll last longer, which should compensate for the

room, use products made from recycled materials. Consider the same for artwork, wallpaper, carpeting and furnishings.

Substitute your PVC plastic shower curtains with the organic hemp versions. These all-natural versions are naturally resistant to mold and bacteria and do not need to be used with plastic liners.

Planning on a car-wash fundraiser? Instead of holding it in a public parking lot, where the wastewater can flow directly to rivers and streams, partner with professional car washes that recycle the water and do not discharge the soapy wash water into the storm drain system. For more information, contact the City of Stockton Municipal Utilities Department at (209) 937-8791.

If washing your car at home,

Special thanks to the City of Stockton (209/937-8212), www.flickr.com and <http://ecologue.com> for these tips.

wash it on a grassy or gravel surface, using biodegradable, phosphate-free soap.

Unplug all unused or seldom-used electronics. Appliances use energy even when not in use (for example, think of your microwave, VCR/DVD player



[not recorder, unless you have a DVR], or computer printer).

Or use a "smart" power strip that senses when appliances are off and cuts "phantom" energy use.

Divert water from entering the storm drain by placing a rubber mat over the drain. The water can be left to evaporate or redirected to a landscape area.

Share what you know. Tell a friend or family member what you have learned.

Green in Action

In addition to everyday activities by Joe Citizen, Stockton has its share of companies and agencies that are bringing eco-friendly actions to the city:

In November 2007, the City of Stockton approved a directive requiring that all new city passenger sedans be gas-electric hybrid vehicles. The city has since purchased six Toyota Prius Sedans (and counting)...

The city is also exploring use of bio-diesel, a non-toxic alternative fuel made from vegetable oil, produced by Community Fuels, a bio-diesel production company in the Port of Stockton.

In January 2008, the Stockton City Council adopted a Green Building Policy, making it the first city in the San Joaquin Valley to adopt Leadership in Energy and Environmental Design (LEED) certification standards for new construction. The city also joined the International Council for Local Environmental Initiatives, which conducts local emissions inventory and a forecast of greenhouse gas emissions.

TCP Inc., the world's largest manufacturer of energy efficient lighting products, has relocated its West Coast distribution center and 130,000-square-foot warehouse to the Massie Industrial Park. The new facility opened on July 1, bringing 30 new jobs to San Joaquin County.

Construction plans are underway for the Gill Medical Center, the city's first "green" building and the first platinum-level LEED-certified medical building in California. The new center, which will include offices for the Obstetrics-Gynecology Medical Group and the Stockton Cardiology Medical Group, will be located at 1701 N. California St.

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